



## Keeping You Safe and Healthy during Covid-19

We know many people in our community are concerned about venturing outside their homes during this Covid time. Many of our patients are older, and thus we are taking extra precautions to protect them.

We want to give everyone the peace of mind that we are doing everything possible to insure our patient's health and safety.

**OUR OFFICE EXCEEDS STANDARDS IN STERILIZATION**—Our STANDARD sterilization and infection control practices already exceed all state and federal guidelines, including the elimination of all infectious viruses and bacteria . . . and COVID-19 is no exception.

### Keeping You Safe and Healthy in Our Hygiene & Dental Operatories

- **AIR PURIFIERS IN EACH ROOM:** We have Alen BreatheSmart 45i True HEPA Air Purifier in every room including the main office. Each air purifier uses TRUE HEPA filters (the kind used in hospitals), which clean down to .03 microns, which are small enough to catch the water droplets that may contain the virus—and they clean each room 5 times an hour!
- **DAILY SPRAYING ENTIRE OFFICE WITH HOSPITAL-GRADE VIRUS-KILLING GERMICIDE:** : We daily spray our entire office using the E-mist EPIX360 electrostatic disinfectant sprayer (the kind used in hospitals, ambulances, & airplanes) using a CDC-approved hospital-grade germicide. Plus, we individually spray our operatories in-between patient visits.
- **15-MINUTE WAIT BETWEEN PROCEDURES:** We take 15 minutes between each patient to properly wipe down and disinfect our rooms, and for our air purifiers to make a full cleaning cycle.
- **EACH ROOM IS PRIVATE:** We are fortunate that our office is comprised of private individual rooms and not open areas with just barriers in between dental chairs. This allows each room to stay sterile, highly reducing cross-contamination from other rooms.
- **EXTRA ROOM TO SEPARATE PATIENTS:** Not only do we alternate patient times to lessen any patient-to-patient contact, we also alternate rooms so our patients will always have an empty room between them.

## More Ways We Protect Your Health

- **PLASTIC BARRIERS:** We use plastic barriers on all dental equipment, including our dental chairs, that we recover after every procedure. (Think Saran Wrap!)
- **PRE-PROCEDURAL RINSE:** We ask that our patients rinse with a hydrogen peroxide solution before each cleaning and dental procedure to help reduce bacteria in the mouth.
- **HAND SANITIZER EVERYWHERE** We have hand sanitizer everywhere in our office including each room, the hallway, the bathroom, and the main office area!
- **ENHANCED PROCEDURES TO REDUCE AEROSOL PRODUCTION:** We work very hard to reduce the amount of aerosols in the air from our procedures. As a result, we use dental dams and hi-vac suction instruments to greatly reduce the amount of aerosols we produce. Please feel free to ask us about these enhanced procedures and how they work.
- **MASKS, MASKS, MASKS:** Everyone in our office wears masks, including N95 masks during dental procedures. All patients are required to wear a mask when entering the office. Patient masks are only removed during your cleaning or dental procedure.
- **DOUBLE-WIPING:** In addition, we are taking extra measures to protect you, including “double wiping” treatment areas and countertops, doors, and restrooms after each patient, and we’ll be doing this hourly regardless of patient volume.

## New Check-In & Check-Out Procedures

- **OUR NEW “PARK & CALL”:** When you arrive for your scheduled appointment and are sitting in your car, we kindly request that you call our front desk at **520-625-0131** to inform us that you are waiting outside. The reason? To avoid having patients and companions wait together in our reception room. A Legacy Smiles Team Member will come out, ask if you have had a fever or cough in the last two weeks, and take your temperature. You will be escorted directly to your chair OR— Once we are ready, we will come out to get you as soon as your scheduled treatment room and chair are completely disinfected.
- **OUR OFFICE ENTRY WILL BE RESTRICTED:** Only patients will be allowed inside the building. Spouses, friends, caregivers, and parents need to wait outside. They can assist you to the front door and hand you off to our technician. Our reception area is closed. Because of this new system, we are also allowing a little extra time between appointments to minimize waiting times and to allow for extra sterilization and infection control measures.
- **CHECK OUT & PAYMENT IN YOUR OWN ROOM:** To lessen patient-to-patient contact, we do the majority of our checkouts and payments in our hygiene rooms.
- **RESCHEDULING IF SICK:** If you or someone in your family is currently or has experienced ANY symptoms of illness (including fever, cough, or flu-like symptoms)

during the last 14 days before your scheduled appointment, please notify us as soon as possible.

If you are advised by a health care professional to “self-quarantine” yourself due to recent travel OR potential exposure to COVID-19, OR others who have had potential exposure to the virus, please notify us as soon as possible.

We will happily reschedule your appointment to a future date at least one week after the end date of your self-quarantine period.

### **And Lastly . . .**

- **MONITORING MY DENTAL TEAM:** My entire dental team, including myself, are under strict orders to monitor our own health and any potential symptoms of illness. If anyone from my team experiences any symptoms of illness, each affected person must self-quarantine away from the office for a period of at least 2 weeks after the latest reported date of being symptom free. NOTE: Our schedule may need to be adjusted according to available doctor and/or staff members if this situation arises.
- **HELPING OTHERS:** If you happen to know of any family members, friends, co-workers or neighbors who are unable to see their own dentist because of limited availability, AND they have been symptom free for at least 2 weeks, we would be happy to see them for any necessary or requested treatment in our office subject to appointment availability. We will also happily refer them back to their regular dentist after completion of their requested dental treatment. Our purpose here is to help others in our community during this crisis.

If you have any questions, please do not hesitate to call our office at **520-625-0131**.

Your health and safety, and those of my staff, are my utmost concern. Working together, we will push back against the spread of Covid-19 and be the stronger for it.

With deepest regards,

Dr. Dawnie Kildoo and the Legacy Smiles Team

**VICTORY  
OVER  
VIRUS**